INTERVENTION STRATEGIES

COURSE DESCRIPTION

This course examines a wide range of intervention strategies in the areas of human development, education, psychological well-being, and social welfare. We will seek to identify commonalities among strategies as well as understand differences. Considerable attention will be devoted to case studies of actual intervention programs. A major goal of the course is to develop an intellectual and practical understanding of principles of program development.

COURSE REQUIREMENTS

There will be an in-class midterm examination (30% of course grade), a term paper that requires you to design a new intervention program (40%), and a cumulative final examination (30%). Class discussion can add a bonus of up to 5% of course grade.

The instructor may give one or more unannounced quizzes. Each such quiz will count for 10% of the course grade, with corresponding reductions in the proportion of course grade allocated to midterm, final, and term paper. Students absent for the quiz will receive zero points (no makeups).

Students are expected to comply with the policies found in the booklet, "Academic Integrity at Northwestern University: A Basic Guide". All papers submitted for credit in this course must be sent as email attachments as well as delivered in printed form. Your written work may be electronically tested for plagiarized content. For details regarding academic integrity at Northwestern, visit: www.northwestern.edu/uacc/. If you need a copy of the brochure, visit the SESP Student Affairs Office.

REQUIRED TEXTS


Several readings are available via Electronic Reserve (ER). A number are in a course pack available in the SESP Student Affairs Office.
SYLLABUS

All readings are required.

Mar 29.  Introduction to course


April 5.  Client-centered psychotherapy.

CLASS MEETS IN FORUM ROOM AT LIBRARY TO VIEW FILM OF CARL ROGERS

"Three approaches to psychotherapy, Pt. I - Carl Rogers"
WM 420, T 531, 1965, Pt. 1 (3/4” u-matic tape, broadcast format)

Prochaska & Norcross, Chapter 5: Person-centered therapy. (ER)

April 7.  Introduction to Preventive and Social-Community Interventions


April 12.  Skills training.


April 14.  CLASS MEETS IN VIDEO THEATRE AT LIBRARY TO VIEW FILM ON PREVENTIVE INTERVENTIONS ACROSS THE LIFE SPAN

"An Ounce of Prevention. The World of Abnormal Psychology (tape #13).

April 19. Criticisms of prevention


April 21. Problems in Program Implementation


April 26. Workshop on Intervention Strategies I.

April 28. Midterm examination.

May 3. Educational policy


May 5. Technology and curricular change.

Guest speaker: Professor Danny Edelson, Learning Sciences


May 10. Social support interventions.


May 12. Use of the media in multilayered strategies.


May 17. Social welfare policy


May 19. Housing and Neighborhood Interventions


May 24. Leadership and institutional change


May 26. Workshop on Intervention Strategies II.

May 31. NO CLASS. MEMORIAL DAY

June 2. term papers due

June 10. Final exam, 9-11 AM (Thursday).