INTERVENTION STRATEGIES

COURSE DESCRIPTION

This course examines a wide range of intervention strategies in the areas of human development, education, psychological well-being, and social welfare. We will seek to identify commonalities among strategies as well as understand differences. Considerable attention will be devoted to case studies of actual intervention programs. A major goal of the course is to develop an intellectual and practical understanding of principles of program development.

COURSE REQUIREMENTS

There will be an in-class midterm examination (25% of course grade) and a term paper that requires you to design a new intervention program (50%). Four pop (unannounced) quizzes will be given; the lowest grade will not be counted (grades on the remaining three quizzes will count 8.33% each). Students absent for a quiz will receive zero points (no makeups). Class discussion can add a bonus of up to 5% of course grade.

Students are expected to comply with the policies found in the booklet, "Academic Integrity at Northwestern University: A Basic Guide". All papers submitted for credit in this course must be sent as email attachments as well as delivered in printed form. Your written work may be electronically tested for plagiarized content. For details regarding academic integrity at Northwestern, visit: www.northwestern.edu/uacc/. If you need a copy of the brochure, visit the SESP Student Affairs Office.

REQUIRED TEXTS


Several readings are available via Electronic Reserve (ER). A number are in a course pack available in the SESP Student Affairs Office.
SYLLABUS

All readings are required.

Mar 29. Introduction to course


April 4. Client-centered psychotherapy.

CLASS MEETS IN FORUM ROOM AT LIBRARY TO VIEW FILM OF CARL ROGERS

"Three approaches to psychotherapy, Pt. I - Carl Rogers"
WM 420, T 531, 1965, Pt. 1 (3/4” u-matic tape, broadcast format)

Prochaska & Norcross, Chapter 5: Person-centered therapy. (ER)

April 6. Introduction to Preventive and Social-Community Interventions


April 11. Skills training.


April 13. CLASS MEETS IN FORUM ROOM AT LIBRARY TO VIEW FILM ON PREVENTIVE INTERVENTIONS ACROSS THE LIFE SPAN
"An Ounce of Prevention. The World of Abnormal Psychology (tape #13). [616.8, W927 #13, vhs]


April 18. No class
April 20. Criticisms of prevention


April 25. Educational policy


April 27. After-school programs I: Relationships

Hirsch, B. *A place to call home*. Chapters 2-4, 7.

May 2. After-school programs II: Program Implementation

Hirsch, B. *A place to call home*. Chapters 5-6.

May 4. Workshop on Intervention Strategies I.

May 9 Midterm examination.

May 11. Technology and curricular change.

Guest speaker: Professor Danny Edelson, Learning Sciences


May 16. Use of the media in multilayered strategies.


May 18. Social welfare policy


May 23. Housing and Neighborhood Interventions


May 25. Workshop on Intervention Strategies II.

May 30. NO CLASS. MEMORIAL DAY

June 1. **term papers due**

*In addition to these sessions, an informal pizza party will be scheduled for sometime in May.*