

# HUMAN DEVELOPMENT AND PSYCHOLOGICAL SERVICES (HDPS) CURRICULUM

The Human Development and Psychological Services concentration explores how human development is influenced by family, schools, community, and the workplace. HDPS courses focus on theories of individual development and family, group, and organizational dynamics. The interdisciplinary program draws from current practice and research in counseling, personality psychology, and human development. It also draws on the disciplines of psychology, sociology, gender studies, communication studies, cognitive science, and anthropology to give you the opportunity to combine theory with practice and develop pragmatic skills grounded in a deep understanding of human psychology, growth, and adaptation throughout the life span.

The concentration provides an excellent foundation for work in community mental health, psychological research, teaching/education, social work, crisis intervention, outreach and community education, prevention, and employee assistance. In addition, HDPS will provide you with excellent preparation for graduate work in clinical and counseling psychology, human service disciplines like social work, and medicine.

## Curriculum

You must complete the following HDPS concentration courses:

- HDPS 201 Introduction to Psychological Services
- HDPS 301 Counseling Theory and Process
- SESP 201 Childhood and Adolescence
- *or* SESP 203 Adulthood and Aging
  
- Three (3) of the following courses:
  - SESP 303 Program Development and Implementation
  - SOC POL 304 Social Policy and Human Services
  - PSYCH 215 Psychology of Personality
  - HDPS 305 Identity and Motivation
  - CSD 303 Brain and Cognition
  - CSD 373 Typical and Atypical Development in Infants and Toddlers
  - CSD 342 Intro to Learning Disabilities
  - CSD 392 Language Development and Usage

Note: Only ONE CSD course can be selected.

You select your remaining 13 concentration courses from the eligible course list, in consultation with your academic advisor. One 'skills development' course may be counted toward your concentration (see eligible course list). A total of nine (9) concentration courses must be at the 300 level (HDPS 301, 305, and 311 as well as SESP 303, SOC POL 304, PSYCH 326, CSD 303, CSD 342, CSD 373, and CSD 392 are counted toward this requirement).